

Alternative Careers in Nursing

Exercise 4-2 A Modified Interests Inventory

Sets A to F in this exercise are descriptors from similar inventories by Hagberg and Leider, Johansson and Bolles. Twelve activities, which describe things you may enjoy, are listed in each set. As you read each list, use a check mark to indicate the activities that reflect your interests. Use a number in the appropriate column to indicate the extent of your interest from 1 (low) to 3 (high). Add your interest scores and place the total in the score box at the end of each list. An interpretation of your scores follows the sets of exercises.

Set A	Most Describes You (√)	Interest		
		Low 1	Moderate 2	High 3
1. Biking				
2. Cooking				
3. Dancing				
4. Designing objects				
5. Adjusting equipment				
6. Operating equipment				
7. Woodworking				
8. Needle working				
9. Sailing				
10. Swimming				
11. Running				
12. Skiing				
Score Total				

Set B	Most Describes You (√)	Interest		
		Low 1	Moderate 2	High 3
1. Assessing others				
2. Using logic				
3. Experimenting				
4. Observing				
5. Clarifying problems				
6. Researching				
7. Surveying				
8. Analyzing				
9. Diagnosing problems				
10. Testing ideas				
11. Critiquing				
12. Evaluating				
Score Total				

Exercise 4-2 A Modified Interests Inventory

Set C	Most Describes You (√)	Interest		
		Low 1	Moderate 2	High 3
1. Applying theory				
2. Creating new ideas				
3. Developing models				
4. Designing visuals				
5. Creating works of art				
6. Directing productions				
7. Drawing				
8. Composing music				
9. Acting				
10. Predicting				
11. Taking pictures				
12. Writing poetry				
Score Total				

Set D	Most Describes You (√)	Interest		
		Low 1	Moderate 2	High 3
1. Caring for others				
2. Coaching				
3. Counseling				
4. Editing				
5. Listening				
6. Designing educational materials				
7. Leading groups				
8. Negotiating				
9. Writing letters				
10. Writing reports				
11. Reading				
12. Translating				
Score Total				

Exercise 4-2 A Modified Interests Inventory

Set E	Most Describes You (√)	Interest		
		Low 1	Moderate 2	High 3
1. Initiating ideas				
2. Planning changes				
3. Taking risks				
4. Assigning task				
5. Setting standards				
6. Coordinating activities				
7. Implementing policies				
8. Managing conflict				
9. Speaking in public				
10. Competing in games				
11. Telling stories				
12. Using humor				
Score Total				

Set F	Most Describes You (√)	Interest		
		Low 1	Moderate 2	High 3
1. Keeping deadlines				
2. Carrying things out in detail				
3. Making contacts				
4. Organizing records				
5. Classifying data				
6. Filing				
7. Processing forms				
8. Inventorying				
9. Keeping financial records				
10. Managing budgets				
11. Allocating resources				
12. Following through on others' instructions				
Score Total				

**Exercise 4-2 A Modified Interests Inventory
Interpretation**

The maximum interest themes score is 36. Following is the scoring grid that explains which of the sets of activities illustrates specific themes. Write your scores in the appropriate spaces.

Interest Themes Scoring Grid

Set	Theme	Score
A	Realistic	
B	Investigative	
C	Artistic	
D	Social	
E	Enterprising	
F	Conventional	

Interest themes Scoring Key

Score Range	Interpretation
30-36	High
26-29	Moderate
22-25	Low

Table 4-2 Interest Categories and General Themes

Category	General Theme
Things	Realistic
Data	Investigative: artistic; conventional
People	Enterprising: Social